

Respiratory protection for TB and airborne diseases (including COVID-19) transmitted by airborne and droplet spread

Tuesday 12th May 2020

Chairpersons: Amanda Christensen and Niesje Jansen

Union webinars are member-led, one of the many benefits of being a Union member.

Join us in championing change for lung health.

[MEMBERSHIP.THEUNION.ORG/REGISTER](https://membership.theunion.org/register)

Presentation

Respiratory protection for TB and airborne infectious diseases (including COVID-19) transmitted by airborne and droplet spread.

Chairs: Amanda Christensen and Niesje Jansen

1. Appropriate use of masks (cloth and surgical masks), respirators and re-use

Dr Carrie Tudor, International council of nurses

2. Personal Respiratory Protection programme for airborne IPC

Dr Grigory Volchenkov, Vladimir, Russia

Questions and Answers will follow the presentations.

Appropriate use of masks (cloth and surgical masks), respirators and re-use

Carrie Tudor, PhD, MPH, RN

12 May 2020

<http://www.stoptb.org/wg/ett/>

Happy International Nurse's Day and Year ! ! !



'It may seem a strange principle to enunciate as the very first requirement of a hospital that it should do the sick no harm'

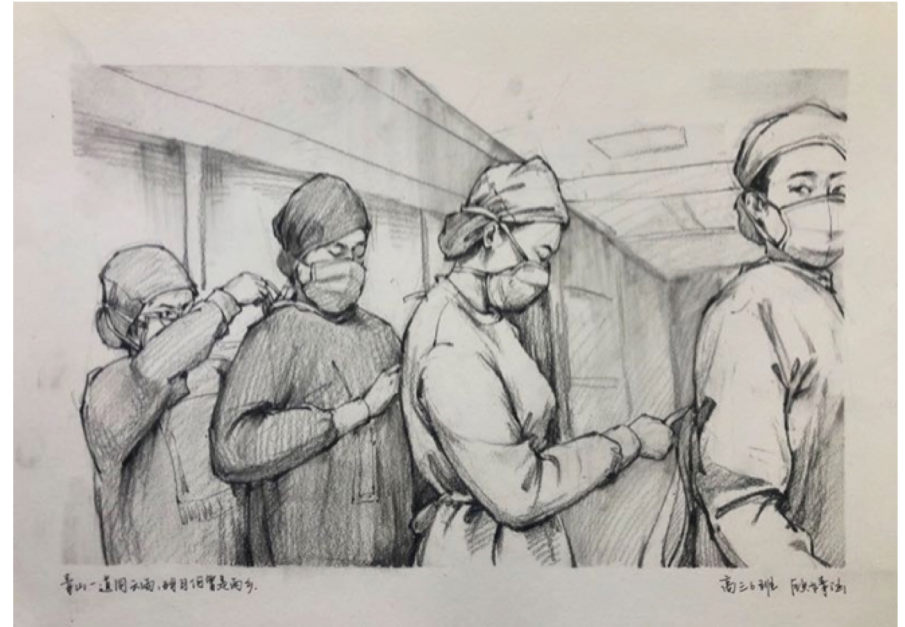
Notes on Hospitals, 1859



Florence Nightingale (1820 – 1910)

Outline

- Basics of Airborne IPC
- Hierarchy of Airborne IPC
- Introduction to PPE
- Surgical / Procedure Masks
- N95 / FFP2 Respirators
- Reuse





Slow motion sneeze

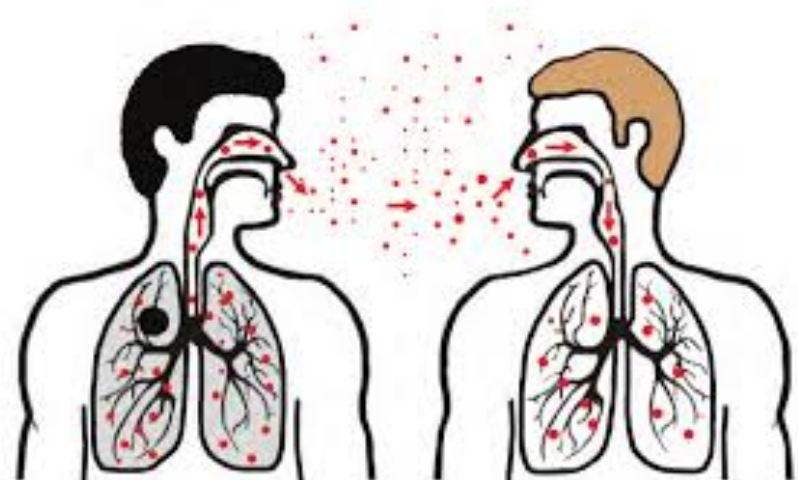


Droplets

- **Large droplets - larger than $100\ \mu\text{m}$**
 - Settling velocities $\gg 0.5\ \text{m/s}$
 - Fall out of air quickly
- **Medium-size particles - $10\ \text{to}\ 100\ \mu\text{m}$**
 - Settling velocities $> 0.2\ \text{m/s}$
 - Settles out slowly
- **Small particles – $1\ \text{to}\ 10\ \mu\text{m}$**
 - Falls very slowly, take days to years to settle out of a quiet atmosphere. In a turbulent atmosphere they may never settle out
 - A $1.0\ \mu\text{m}$ ***Droplet Nucleus*** or ***Micro-Droplet*** will settle at a rate of $0.0035\ \text{cm/s}$ or 3 m in 24 hours!

Modes of TB Transmission (1)

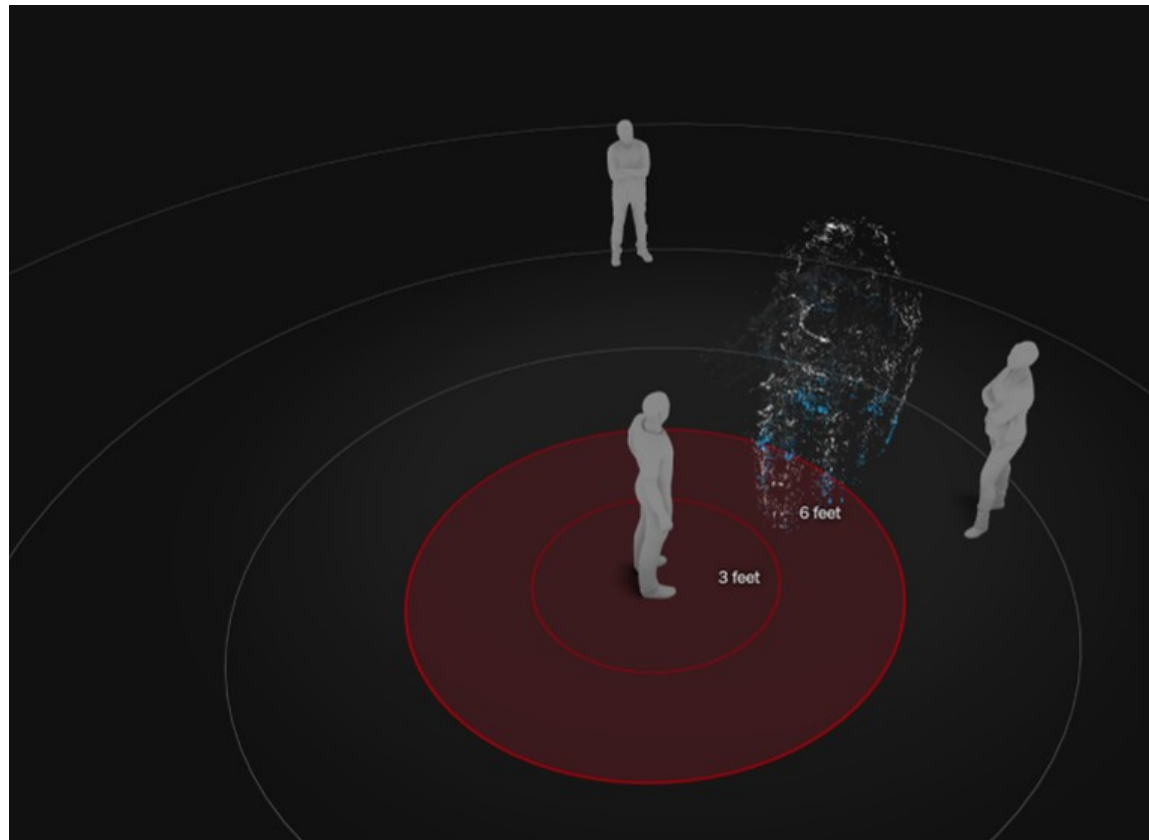
- Person-to-Person through Airborne Route!
- When a person breathes TB bacteria deep into the lungs and can begin to grow.
- From there, they can move through the blood to other parts of the body, such as the kidney, spine, and brain.



Person-to-Person Spread of CoV

- Mainly from person-to-person.
- Mainly between people who are in close contact with one another (6? feet / 2? meters)
- Through respiratory droplets produced when an infected person coughs, sneezes, talks, sings, shouts....
- Droplets can land in the mouths or noses of people who are nearby or **inhaled into the respiratory tract.**
- May be spread by people who are not showing symptoms.

Why 2 meters / 6 ft?

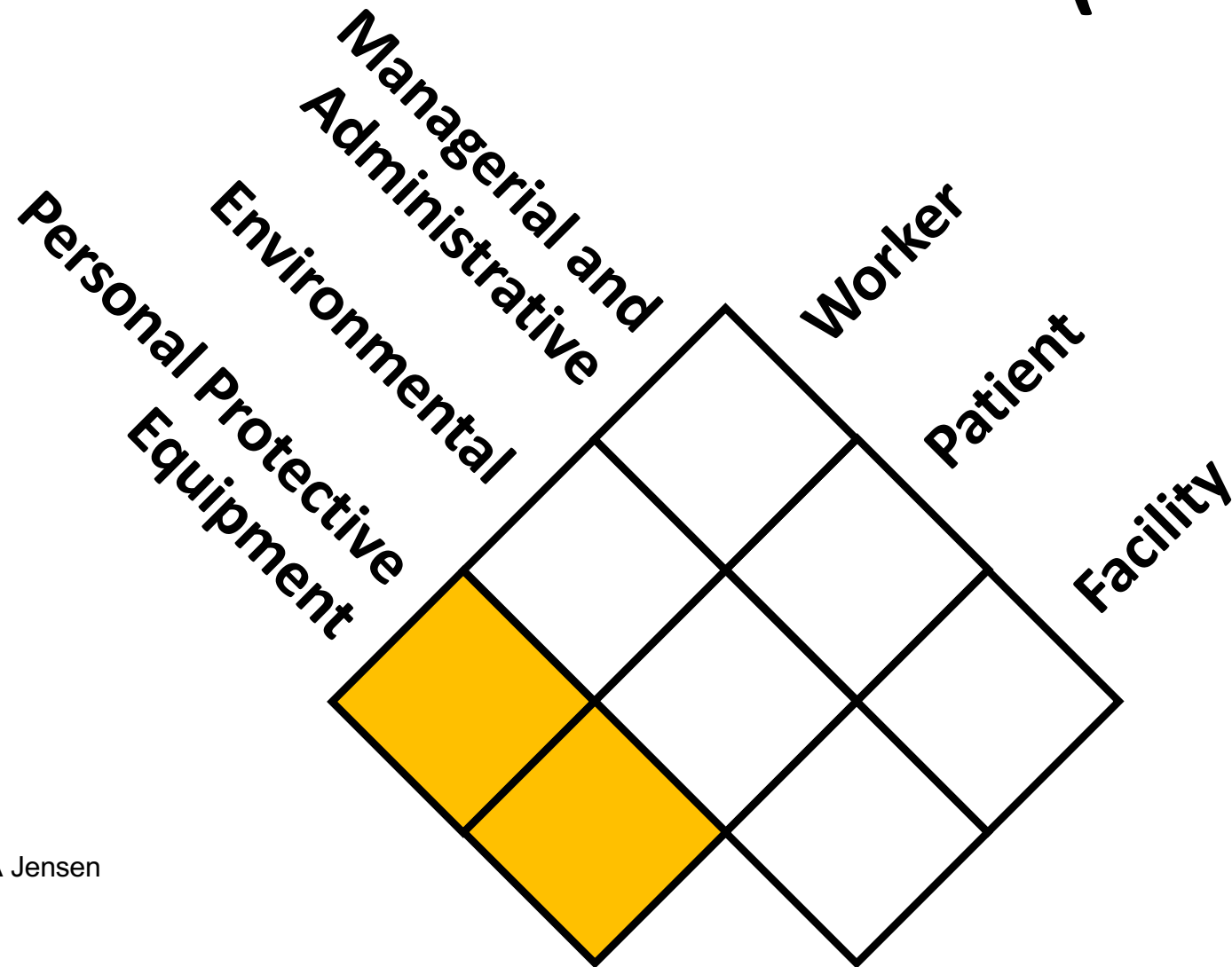


Source: <https://www.nytimes.com/interactive/2020/04/14/science/coronavirus-transmission-cough-6-feet-ar-ul.html>



Source: <https://www.nytimes.com/interactive/2020/04/14/science/coronavirus-transmission-cough-6-feet-ar-ul.html>

Hierarchy of Airborne Infection Prevention and Control (IPC)



Source: PA Jensen

Personal Protective Equipment

Respirators vs. Masks



Personal protective equipment

Surgical Mask

- Worn by patients
- Worn by HCWs for large droplets (flu, H1N1, SARS CoV2, etc.)



Respirator

- Worn by HCWs



Selected PPE

Masks . . . Large droplets

Protect environment from wearer

People (patients, HCWs, etc.)

Surfaces

Protect wearer from environment

Respirators . . . Micro-Droplets / Droplet Nuclei

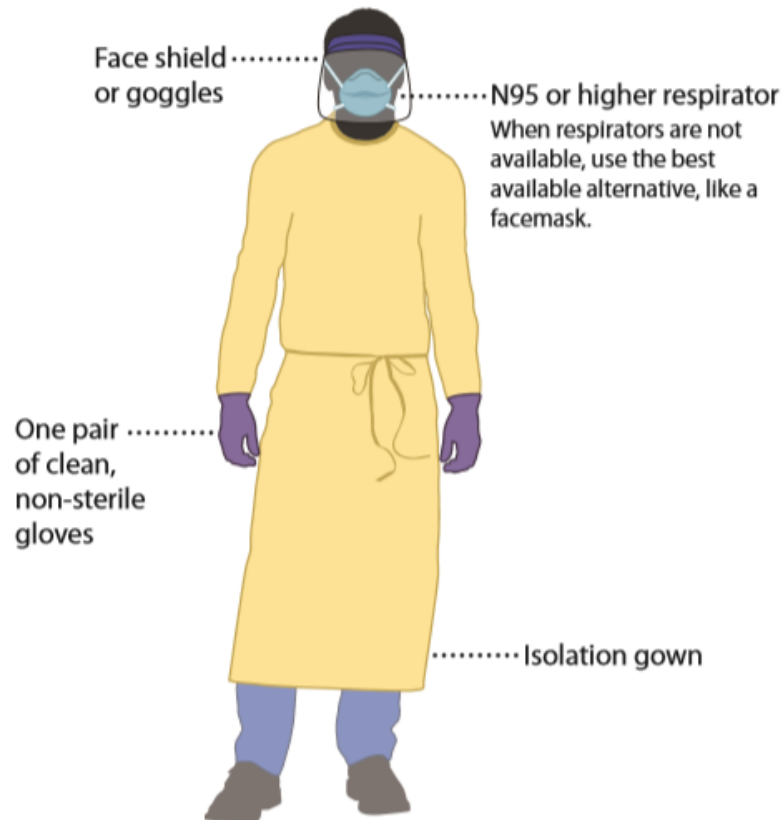
Protect environment from wearer

(if no valve)

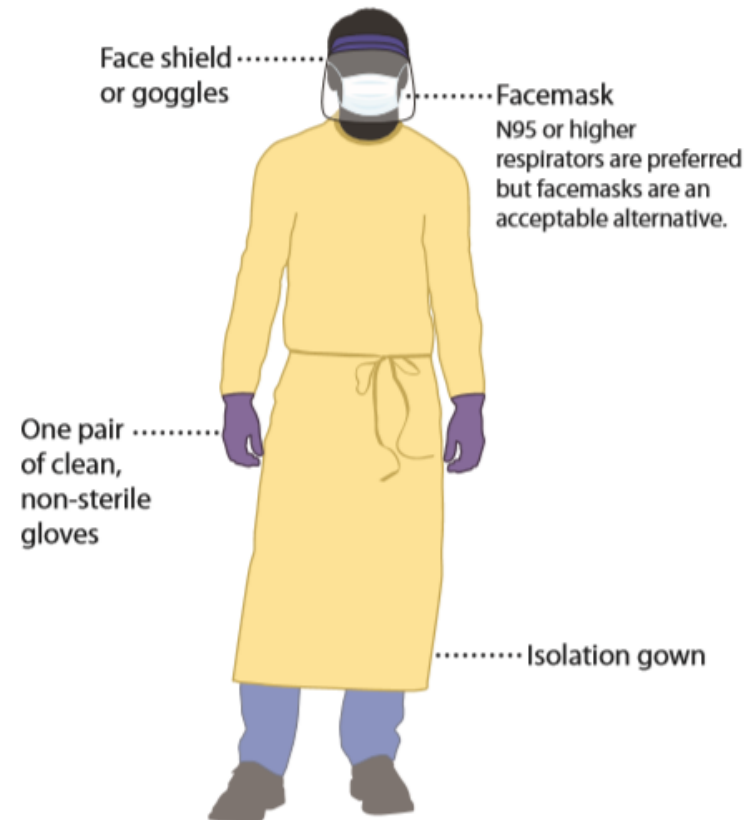
Protect wearer from environment

COVID-19 Personal Protective Equipment (PPE) for Healthcare Personnel

Preferred PPE – Use N95 or Higher Respirator



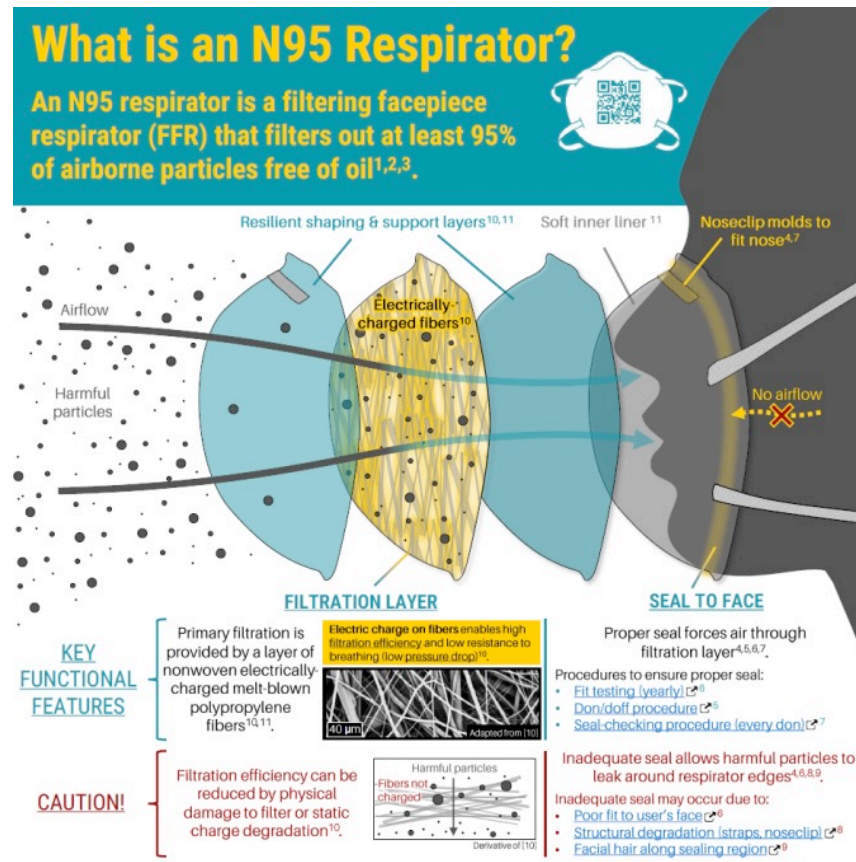
Acceptable Alternative PPE – Use Facemask



CS 315838-C 03/23/2020

cdc.gov/COVID19

N95 Respirator (CDC NIOSH standard)



Source: www.N95decon.org

A filtering face piece respirator that filters out at least 95% of airborne particles during “worst case” testing using a “most-penetrating” sized particle is given a 95 rating.

N95 respirator (CDC NIOSH standards)

TABLE 4. Nonpowered air-purifying respirator filter classes certified in 42 CFR* 84

| Resistance to efficiency filter degradation | Filter efficiencies† | | |
|---|----------------------|----------|--------------|
| | 95 (95%) | 99 (99%) | 100 (99.97%) |
| N (Not resistant to oil) | N95 | N99 | N100 |
| R (Resistant to oil) | R95 | R99 | R100 |
| P (Oil proof) | P95 | P99 | P100 |

* Code of Federal Regulations.

† The percentages in parenthesis indicate the minimum allowable laboratory filter efficiency value when challenged with 0.3 μm particles.

CEN Standards

(Initial Filter Penetration)

NaCl

< 20% = P1

< 6% = P2

< 3% = P3

Paraffin Oil

NA = P1

< 2% = P2

< 1% = P3

List of certified N95 respirators

NIOSH-Approved N95 Particulate Filtering Facepiece Respirators

The N95 respirator is the most common of the seven types of particulate filtering facepiece respirators. This product filters at least 95% of airborne particles but is not resistant to oil.

This web page provides a table of NIOSH-approved N95 respirators, listed alphabetically by manufacturer. You can select a particular manufacturer by clicking on the first letter of their name on the [index below](#).

There are some products that are approved by NIOSH as an N95 respirator and also cleared by the Food and Drug Administration (FDA) as a surgical mask. These products are referred to as **Surgical N95 Respirators**. [View a definition of Surgical N95 Respirators](#). For your convenience the Surgical N95 Respirators are indicated with the **Model Number/Product Line in bold text followed by (FDA)**. If you have a product you believe is NIOSH-approved and FDA-cleared that does not appear on this list, you will need to check with the FDA Center for Devices and Radiological Health at 1-800-638-2041 for validation of clearance. [View a comprehensive table of Surgical N95 Respirators](#).

Disclaimer: The links in this section go to websites outside of CDC/NIOSH and should not be considered as an endorsement of their content, or as a statement of NIOSH policy. The donning procedure and/or user instruction, either on the websites or the PDF version, should not be considered an official endorsement of their content, or as a statement of NIOSH policy.

Index for N95 Manufacturers:

[3M](#) [A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#) [Notes](#)

| Supplier/Manufacturer and Contact Information | Model Number/ Product Line | Approval Number | Valve Yes/No | Manufacturer's Donning Procedure User Instructions |
|---|---------------------------------------|--------------------|-----------------|---|
| 3M Company 888-3M HELPS or web form (Distribution Availability - See instructions below for steps to find these 3M products.) | 1860 (FDA) | 84A-0006 | No | 1860 [PDF - 72 KB] |
| 3M Company 888-3M HELPS or web form (Distribution availability for all products listed for 3M) | 8110S 8210 8216 8217 7048 | 84A-0007 | No | 8210 [PDF - 103 KB] 8110S, 8210, 7048 [PDF - 187 KB] |
| 3M Company 888-3M HELPS or web form | N95 | 84A-0008 | No | Not available |
| 3M Company 888-3M HELPS or web form | 8212 8214 8512 8514 | 84A-0454 | Yes | 8212, 8512 [PDF - 125 KB] 8214, 8514 [PDF 156 KB] |
| 3M Company 888-3M HELPS or web form | 8211 8511 8515 8516 | 84A-1299 | Yes | 8211, 8511 [PDF - 59 KB] 8515 [PDF - 156 KB] 8516 [PDF - 81 KB] |
| 3M Company 888-3M HELPS or web form | 9211 N95 | 84A-2668 | Yes | 9211 N95 [PDF - 326 KB] |


Counterfeit N95 respirators







**HI-TECH
SH9550
NIOSH N95
PARTICULATE
RESPIRATOR**

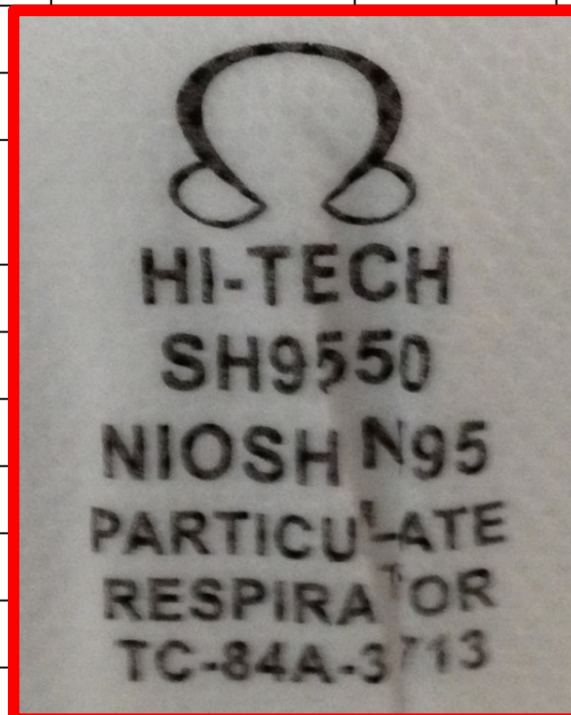
A close-up photograph of a white, cup-shaped NIOSH N95 particulate respirator. The respirator has a black logo at the top, consisting of a stylized 'H' with two loops. Below the logo, the text 'HI-TECH', 'SH9550', 'NIOSH N95', 'PARTICULATE', and 'RESPIRATOR' is printed in black. The respirator is shown being worn by a person, with their dark hair visible at the bottom. A large, thick red 'X' is drawn across the entire image, from the top-left corner to the bottom-right corner.

HI-TECH
SH9550
NIOSH N95
PARTICULATE
RESPIRATOR



HI-TECH
SH9550
NIOSH N95
PARTICULATE
RESPIRATOR
TC-84A-3713

| Supplier/Manufacturer and Contact Information | Model Number/ Product Line | Approval Number | Valve Yes/No | Manufacturer's Donning Procedure User Instructions |
|---|-------------------------------|--------------------|-----------------|---|
| Hakugen Company, Ltd. [*I] 886-2-2683-0356 | SGPR-N95 | 84A-4635 | No | SGPR-N95 [PDF - 133 KB] |
| Harbor Freight Tools [*E] 800-379-9929 | 94785A 61438 | 84A-5411 | No | All Models [PDF - 538 KB] |
| Harbor Freight Tools [*E] 800-379-9929 | 47518A 61434 | 84A-5460 | Yes | All Models [PDF - 538 KB] |
| Henox Marketing SDN. [*E] 800-379-9929 | 109015 | 84A-3323 | No | 109015 [PDF - 5.6 MB] |
| Hi-Tech Equipment, Inc. [*I] 886-2-2683-0356 | SH9550 | 84A-3713 | No | SH9550 [PDF - 214 KB] |
| Hi-Tech Equipment, Inc. [*I] 886-2-2683-0356 | SH9550V | 84A-3714 | Yes | SH9550V [PDF - 214 KB] |
| Hi-Tech Equipment, Inc. [*I] 886-2-2683-0356 | | | No | SH2550 [PDF - 264 KB] |
| Hi-Tech Equipment, Inc. [*I] 886-2-2683-0356 | | | Yes | SH2550V [PDF - 247 KB] |
| Ho Cheng Enterprise Company, Ltd. [*E] 800-379-9929 (Distribution availability for all products listed for Ho Cheng Enterprise Company, Ltd.) | | | No | 910-N95 [PDF - 842 KB] |
| Hogy Medical Company, Ltd. [*D] 81-547-45-4125 | | | No | All Models [PDF - 61 KB] |
| The Home Depot [*E] 800-379-9929 | | | No | H950 [PDF - 586 KB] |
| The Home Depot [*E] 800-379-9929 | | | Yes | H950V [PDF - 586 KB] |
| The Home Depot [*E] 800-379-9929 | | | No | H950S [PDF - 586 KB] |
| The Home Depot [*E] 800-379-9929 | | | No | H910F [PDF - 178 KB] |
| The Home Depot [*E] 800-379-9929 | | | Yes | H910FV [PDF - 178 KB] |
| Homeland Safety International [*I] 886-2-2683-0356 | | | No | FFN95-OV/AG [PDF - 221 KB] |



PA Jensen

| | | | | |
|--|----------|----------|----|------------------------------------|
| Moneywell International [*] USA (former Sperian) 800-430-5490 | NI1110ML | 84A-7283 | No | Pending NIOSH receipt from company |
|--|----------|----------|----|------------------------------------|

N95 (or FFP2) respirator use

- N95/FFP2 disposable respirators are generally acceptable for most TB situations
- Higher level of protection may be necessary during high-risk procedures
 - Bronchoscopy
 - Autopsy
 - Sputum induction
 - Intubation / extubation

Selection of Respirators



One size does not fit all

3M 1860



3M 1860S



Half-piece elastomeric respirator

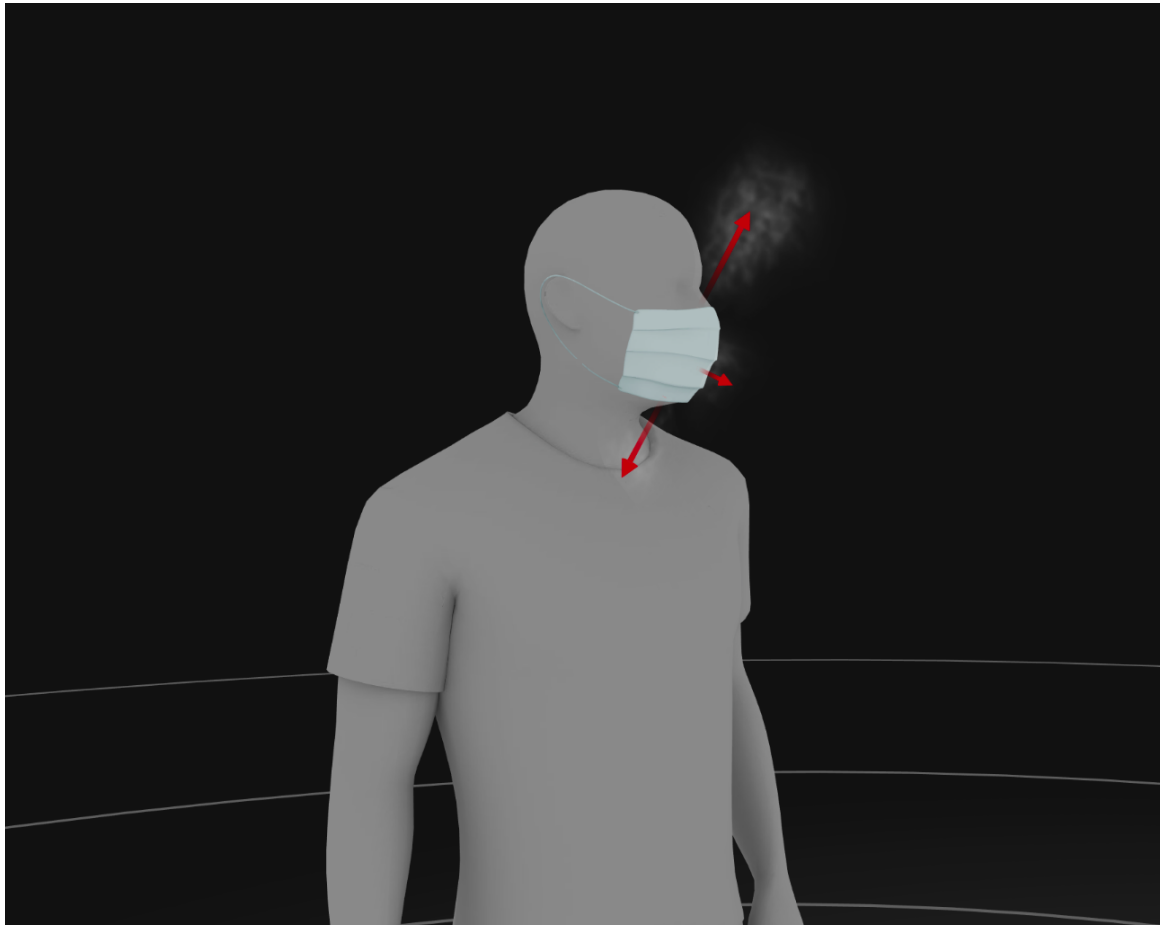
A respirator in which the air pressure inside the facepiece is negative during inhalation with respect to the ambient air pressure outside the respirator



Other Classes of Respirators

- Powered air-purifying respirator (PAPR)
- Atmosphere-supplying respirators
 - Supplied air respirator
 - Self-contained breathing apparatus
 - Emergency escape





Why we
ask people
to wear
masks

Source: <https://www.nytimes.com/interactive/2020/04/14/science/coronavirus-transmission-cough-6-feet-ar-ul.html>



Use and Reuse of N95/ffp2 respirators

Recommendations for extended use and reuse



1275 K Street, NW, Suite 1000
Washington, DC 20005-4006
Phone: 202/789-1890
Fax: 202/789-1899
apicinfo@apic.org
www.apic.org

APIC Position Paper: Extending the Use and/or Reusing Respiratory Protection in Healthcare Settings During Disasters

**Co-Authored by APIC Emergency Preparedness Committee, Public Policy Committee and
Regulatory Review Panel**

Lead Author:
Terri Rebmann, PhD, RN, CIC

II. Recommendations for extending the use and/or reusing respirators

Disposable N-95 respirators, when used solely to prevent occupational exposure to *Mycobacterium tuberculosis*, can be safely reused until contaminated, damaged, or no longer form a good seal.⁵ Unlike *Mycobacterium tuberculosis*, which is transmitted exclusively via

airborne droplet nuclei, most other respiratory pathogens are transmitted primarily via direct and indirect (droplet) contact with respiratory secretions. Therefore the exterior of respiratory protection used in caring for patients with respiratory pathogens other than tuberculosis can become contaminated and serve as a reservoir for infectious agents. Special precautions must be taken when extending the use or reusing disposable respiratory protection to prevent healthcare personnel exposure.

Extended use of respiratory protection is defined as the wearing of a disposable respirator during serial patient encounters without the removal or re-donning of the device between encounters.³

Reuse of respiratory protection consists of removing and re-donning the device between encounters.³ Both of these actions pose a transmission risk to healthcare personnel due to potential respirator contamination. This transmission risk can be minimized if healthcare personnel adhere stringently to hand hygiene before and after handling the respiratory protection device.

Respirator use and reuse

- Respirator may be used until damaged, breathing becomes difficult, or contaminated with blood or other body fluids
- Respirators are to be inspected prior to each use to ensure proper fit and seal
 - Store in a dry place
 - Do NOT write on the respirator
 - Do NOT bend the respirator
- Dispose of respirator if you question its performance

Storage of N95 respirators



Dalian, China (C. Tudor)



Manzini, eSwatini (C. Tudor)

Suggestions to extend use



Disinfection of N95/FFP2 Respirators

- Vaporized Hydrogen Peroxide (VHP)
- Ultraviolet Germicidal Irradiation (UVGI) / Germicidal Ultraviolet (GUV)
- Dry heat
- Autoclave (wet heat)
- Ethylene Oxide (EtO)
- Formalin or Formaldehyde
- Bleach (Sodium hypochlorite)
- Soap & Water
- Alcohol (Ethanol or Isopropanol)

Disinfection of N95/FFP2 Respirators

- Vaporized Hydrogen Peroxide (VHP)
- ~~Ultraviolet Germicidal Irradiation (UVGI) / Germicidal Ultraviolet (GUV)~~
- ~~Dry heat~~
- ~~Autoclave (wet heat)~~
- ~~Ethylene Oxide (EtO)~~
- ~~Formalin or Formaldehyde~~
- ~~Bleach (Sodium hypochlorite)~~
- Soap & Water
- Alcohol (Ethanol or Isopropanol)

Considering the many variables involved in the process, decontamination the current EUA issued for each specific decontamination system.

Please revisit this bulletin often for frequent updates.

Table

| Decontamination Method | |
|-----------------------------|-------|
| Vaporized Hydrogen Peroxide | |
| VHP – Steris V-PRO | 10/10 |
| VHP – Steris V-PRO 60 | 10/10 |
| VHP –ASP, STERRAD® | 10/10 |
| VHP - Steriluent | 10/8 |

COVID N95 DECON & REUSE

CORONAVIRUS IN

- | | |
|---|--|
| + | Cov-2 on all N95 masks |
| • | Hydrogen peroxide is effective against |
| • | and highly-resistant |
| - | |
| • | Hydrogen peroxide is effective against |
| | dosing and effects |

KEY CONS

Hydrogen peroxide is incom which is a compor

Data from
may not

FDA EUAs require
except for

Each don/doff can reduce N95 fit after 5 don/doff cycles, o

N95 user
perform

COVID N95

DEC COVID N95 REU DECON & REUSE



UV-C

HEAT & HUMIDITY

See Technical Report at
n95decon.org/heat

CORON
Peer-review

CORONAVIRUS INACTIVATION

- 70°C dry heat for 60min inactivated* SARS-CoV-2 on N95 under lab conditions¹
- 50-85% humidity enhances inactivation of flu virus (non-CoV) on N95 and metal²⁻⁴
- Real-world conditions (e.g. saliva, mucus droplets) may require higher temperature, humidity, or longer time.
- SARS-CoV-2 NOT inactivated by 70°C dry heat for 30min (on N95) and 60min (on metal)¹
- Method does NOT inactivate all bacterial or mold spores on N95⁵

* ≥ 3 -log inactivation

KEY CONSIDERATIONS

Temperature and humidity must be calibrated and monitored; heating devices can be highly variable

N95 must be isolated and returned to original user

User seal check must be performed before each reuse

Each don/doff can reduce N95 fit; some models fit unacceptably after 5 don/doff cycles¹²

N95 MASK INTEGRITY

- Several 3M N95 models (1860, 8210, 8210+) keep fit and filtration for multiple 30min cycles at 70-85°C and >50% humidity^{6,7}
- Many models (e.g., 3M 8200, 3M 8511) keep fit performance for multiple 30min cycles at 75°C dry heat^{8,9}
- Each N95 model responds differently to heat; many have not been tested with the heating conditions above^{1,10}
- Repeated thermal cycles may damage N95 fit and filtration^{1,10,11}

RISKS

Heat inactivation is highly sensitive to temperature, humidity, time, surface, and co-contaminants

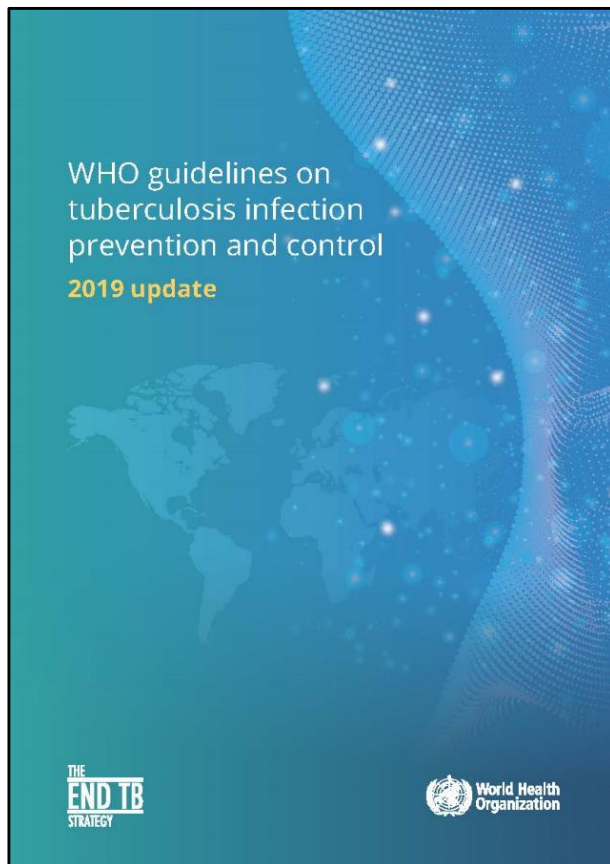
N95 fit and filtration may be damaged if the temperature is too high or after multiple cycles

N95 will NOT be sterilized by the heat & humidity treatments listed above

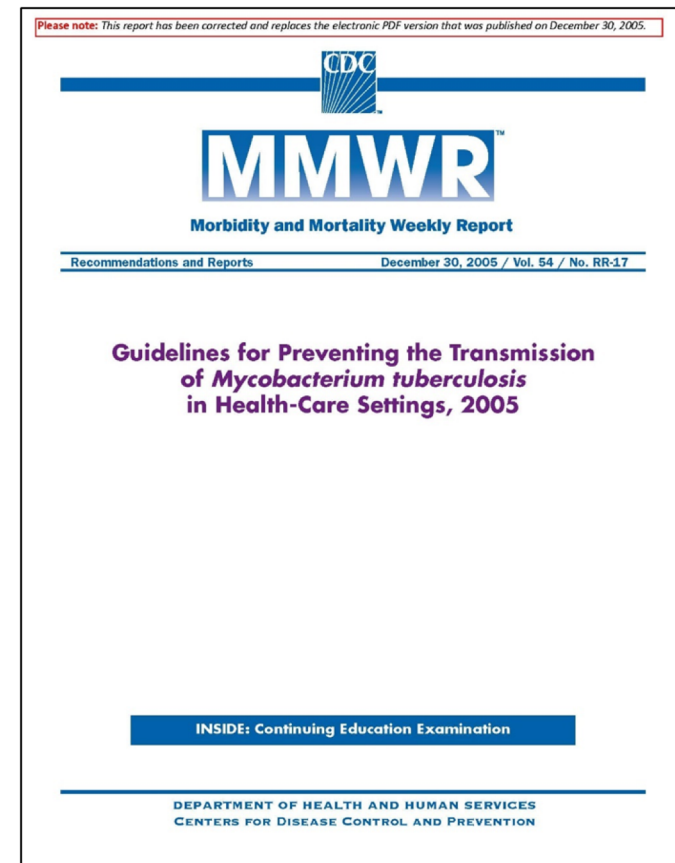
What Can You Do?

- Be proactive
- Research and select well-designed respirators
- Take care of your respirator
 - ~~Decontamination~~ Not easily!
 - ~~Cleaning~~ Not FFP respirators!
 - Keep your respirator clean! Cover with a mask
 - Storage Clean & dry place!
- Take care when reusing respirator – closely monitor hygiene and service life
- Dispose of respirator if you question its cleanliness or performance

TB infection control guidelines

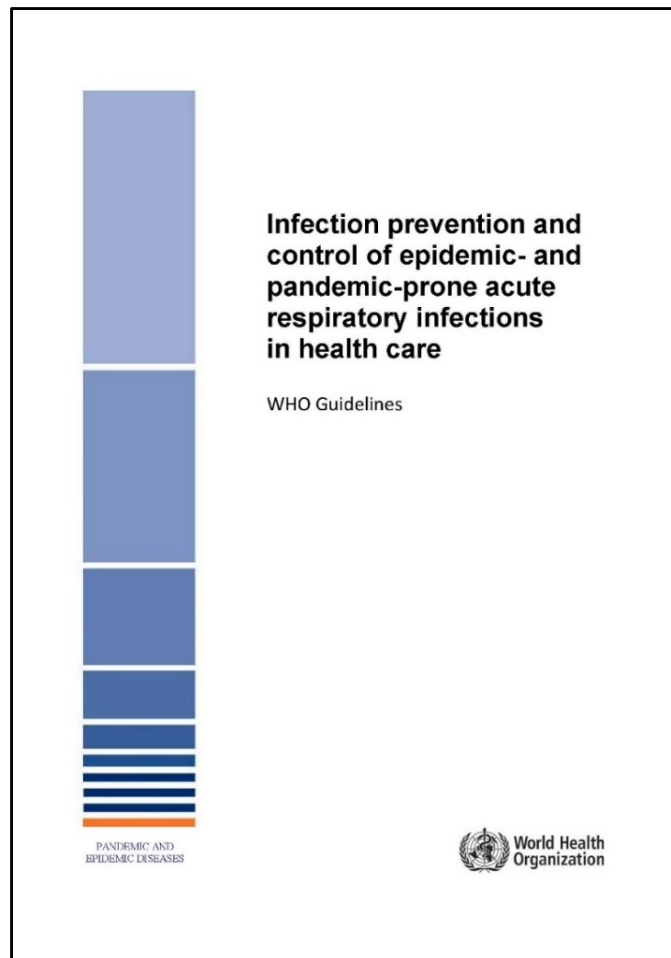


<https://apps.who.int/iris/bitstream/handle/10665/311259/9789241550512-eng.pdf>



<https://www.cdc.gov/mmwr/pdf/rr/rr5417.pdf>

Respiratory infection IPC



COVID-19 infection control guidelines

Global

Regions ▾

العربية

中文

English

Français

Русский

Español



World Health
Organization



Health Topics ▾

Countries ▾

Newsroom ▾

Emergencies ▾

About Us ▾

[Home](#) / [Emergencies](#) / [Diseases](#) / [Coronavirus disease 2019](#)

Coronavirus disease (COVID-19) Pandemic

[Public Advice](#)

[Country &
technical guidance](#)

[Donate](#)

[Your questions](#)

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

COVID-19 infection control guidelines (2)

Coronavirus Disease 2019 (COVID-19)

CDC > Coronavirus Disease 2019 (COVID-19) > Healthcare Professionals > Infection Control



Coronavirus Disease 2019 (COVID-19)

Symptoms

Testing

+

Prevent Getting Sick

+

If You Are Sick

+

Daily Life & Coping

+

People Who Need Extra Precautions

+

Pets & Other Animals

+

Travel

+

Frequently Asked Questions

Cases, Data, & Surveillance

+

Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 (COVID-19) in Healthcare Settings

Update April 13, 2020

Key Concepts in This Guidance

- **Reduce facility risk.** Cancel elective procedures, use telemedicine when possible, limit points of entry and manage visitors, screen everyone entering the facility for COVID-19 symptoms, implement source control for everyone entering the facility, regardless of symptoms.
- **Isolate symptomatic patients as soon as possible.** Set up separate, well-ventilated triage areas, place patients with suspected or confirmed COVID-19 in private rooms with the door closed and with private bathrooms (as possible). Reserve AIIRs for patients with COVID-19 undergoing aerosol generating procedures and for care of patients with pathogens transmitted by the airborne route (e.g., tuberculosis, measles, varicella).
- **Protect healthcare personnel.** Emphasize hand hygiene, install barriers to limit contact with patients at triage, cohort patients with COVID-19, limit the numbers of staff providing their care, prioritize respirators for aerosol generating procedures.



Personal respiratory protection

What are respirators and why do we need to wear them?

Respirators or filtering facepiece respirators are disposable, negative-pressure, air purifying respirators made of a filtering material to filter out airborne microorganisms such as *Mycobacterium tuberculosis* (TB). Respirators are used to protect health workers (medical and non-medical) from inhaling TB and other airborne microorganisms. Respirators that meet specific standards (detailed below) and are used with a combination of other infection prevention and control measures can provide reasonable protection for health workers.

Does WHO recommend respiratory protection?

Yes, the updated WHO TB infection prevention and control guidelines (World Health Organization 2019) recommends the use of respiratory protection for health workers. Recommendation 7 states, "Particulate respirators, within the framework of a respiratory protection programme, are recommended to reduce *M. tuberculosis* to health workers, persons attending health facilities or other persons in settings with a high risk of transmission."



Respirator fit testing

Why is fit testing important?

Fit testing is important to ensure the respirator fits tightly to the face of the wearer (user) and protects them from inhaling infectious aerosol containing *Mycobacterium tuberculosis* and other airborne pathogens. Leakage of unfiltered air into the breathing zone through any gap between the face and the respirator increases the risk of TB exposure to individuals working in high TB transmission risk settings. This leakage can be detected by performing a respirator fit test. The size, shape and configuration of every face is different and can potentially change over time. Therefore, it is important that several different respirator models and sizes are available, and every health worker should be fit tested with respirators he/she may use in high risk settings. This is why respirator fit testing is an essential component of an effective personal respiratory protection program.

What is fit testing?

A "respirator fit test" (29 CFR 1910.134) tests the efficiency of a respirator to remove *M. tuberculosis* and other particles from the air (see https://www.osha.gov/video/respiratory_protection/fittesting_transcript.html). It takes about 15-20 minutes per person to complete a fit test and is performed periodically thereafter. After passing a fit test with a respirator, you must use the exact same make, model, style, and size respirator on the job.

There are two types of fit tests: **qualitative and quantitative**. Qualitative fit testing is normally used for filtering facepiece respirators called "N95" or "FFP2" as well as for elastomeric ("rubber") respirators. See ETTI respirator technical information sheet here: <http://www.stoptb.org/wg/ett/>.

Disinfecting room air with upper-room (UR) germicidal UV (GUV) systems



FIGURE 1 Naturally ventilated outpatient department waiting room equipped with ceiling fans and upper-room GUV fixtures. National Institute of Tuberculosis and Respiratory Diseases, New Delhi, India.

What are UR GUV systems?

UR GUV (also referred to as ultraviolet germicidal irradiation or UVGI) systems combine the safe usage of GUV energy in the upper room with mechanical air mixing to disinfect large volumes of room air. (See Figure 1).

Why is UR GUV needed?

UR GUV is an affordable, effective and sustainable environmental control for reducing TB transmission in high TB transmission risk settings.

Are UR GUV systems recommended by WHO?

Yes, the updated WHO TB infection prevention and control guidelines¹ state "Upper-room germicidal ultraviolet (GUV) systems are recommended to reduce *M. tuberculosis* transmission to health workers, persons attending health care facilities or other persons in settings with high risk transmission." (Recommendation 5).

Studies on the effectiveness of GUV in two TB wards (one in Peru, the other in South Africa), found the reduction in risk of TB transmission was 70-80%.^{2,3}

Other studies show the varying levels of effectiveness of GUV in preventing airborne transmission of measles and other airborne pathogens.^{4,5}

How do we know if UR GUV systems are right for us?

Every facility should conduct a comprehensive airborne infection prevention and control (IPC) risk assessment by a trained facility IPC Team. This should be followed by development of a feasible and sustainable IPC plan to address and minimize the risks. Administrative controls must be given first priority, before considering other measures including UR GUV systems.⁶

<http://www.stoptb.org/wg/ett/resources.asp>

This presentation was made possible through the support of Stop TB Partnership's End TB Transmission Initiative (ETT) Working Group provided by the United States Agency for International Development (USAID), under the terms of cooperative agreement number STBP/USAID/GSA /2020-04.

NURSES

A VOICE TO LEAD
NURSING THE WORLD
TO HEALTH



<https://www.icn.ch/what-we-do/campaigns/international-nurses-day>



Thank you!
Рақмет сізге!
Спасибо!
Sag boluñ!
Muito obrigado

Rahmat!
Merci beaucoup!
谢谢!
Tashakor!
Muchas gracias!

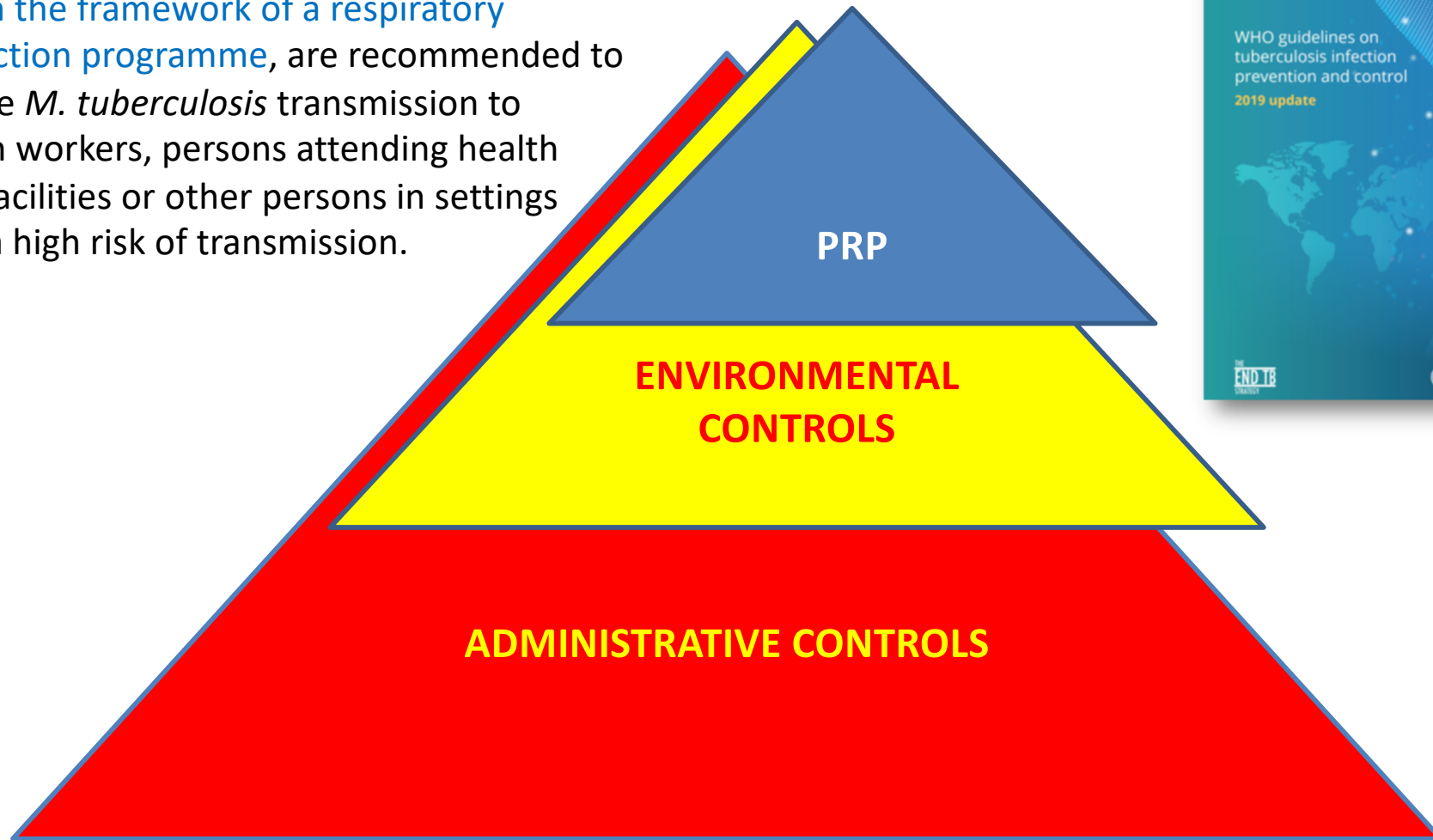


Personal Respiratory Protection Programme for Airborne IPC

Grigory Volchenkov,
Vladimir, Russia

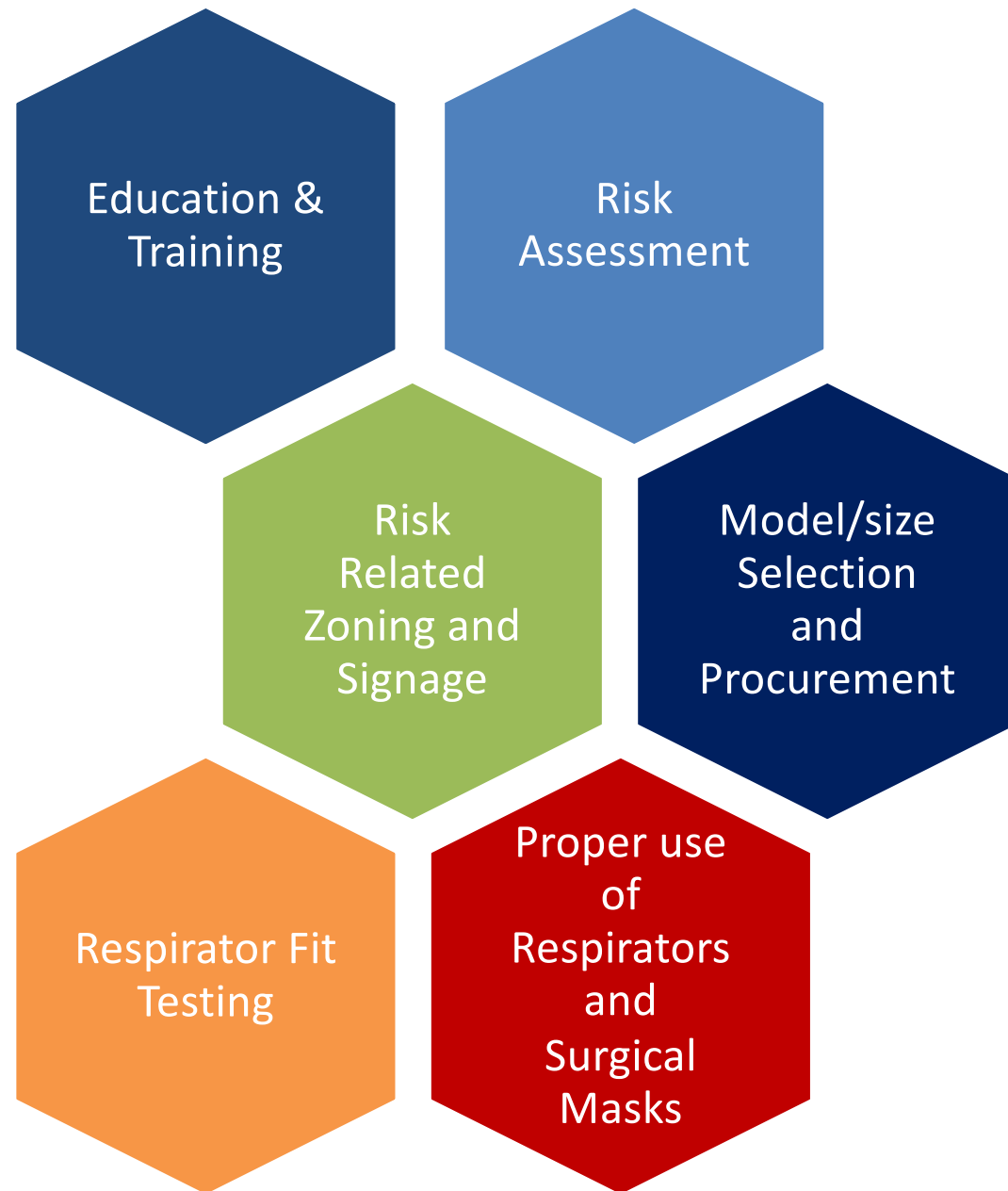
Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Recommendation 7: Particulate respirators, within the framework of a respiratory protection programme, are recommended to reduce *M. tuberculosis* transmission to health workers, persons attending health care facilities or other persons in settings with a high risk of transmission.



Hierarchy of controls

Personal respiratory protection to prevent airborne transmission of TB and COVID-19



Effective Programme Components

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Who are HIGH risk Airborne Infections transmitters?



- Undetected, undiagnosed patients with (or without) respiratory symptoms
- RT-PCR-confirmed cases of COVID-19
- TB patients which do not receive EFFECTIVE treatment
 - Treatment delay, interruption, default
 - Ineffective treatment regimen
 - TB patients on palliative care
- Fluoroquinolone resistant patients during the first 2(?) weeks after EFFECTIVE treatment initiation

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Airborne Transmission Risk Assessment



Factors to consider:

- Patients and visitors with fever, cough and other respiratory symptoms
- TB patients
 - Sputum smear AFB positive, rapid molecular testing confirmed, DST (risk of DR TB)
 - Is treatment regimen adequate?
 - Is patient compliant?
 - Cough etiquette, mask use
- Work practices and aerosol generating procedures
- Environment
 - Crowding
 - Air stagnation
- Engineering controls: installation, maintenance, certification, use
- Subject's immune status

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

**БЕЗОПАСНОСТЬ
ПРЕЖДЕ ВСЕГО**

**Без респиратора не
ВХОДИТЬ!**

Risk Related
Zoning and
Signage

“Safety first!

Do not enter without respirator!”

Put warning signage at entrance to high risk areas

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Respirator use and fit testing policy



Respirator
Fit Testing

- Authorized responsible staff
- Annual training and fit testing for all HCWs
- Respirators distribution according to risk level (models, sizes, amount and protection class)
- Proper respirator use is mandatory in designated high risk areas and during such procedures
- Supervision, education and motivation

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Respirator Fit Testing

- Must be performed before a respirator is first issued to a HCW and is recommended annually thereafter.
- Additional fit test is required whenever there are changes in the users face physical condition
- NOTE: a separate USER SEAL CHECK must be performed each time the respirator is worn



Qualitative Fit Test

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Respirator Qualitative Fit Testing kit

Respirator
Fit Testing

- Nebulizer
- Test hood
- Collar
- Sensitivity solution (sweet & bitter)
- Fit test solution (sweet & bitter)



Costs USD 200 – 250, lasts forever

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Preparation of Bitrex Solutions

Respirator
Fit Testing

- The Sensitivity Test Solution is prepared by adding 13.5 milligrams of Bitrex to 100 ml of 5% salt (NaCl) solution in distilled water.
- The Fit Test Solution is prepared by adding 337.5 mg of Bitrex to 200 ml of a 5% salt (NaCl) solution in warm water.



Personal respiratory protection to prevent airborne transmission of TB and COVID-19

10 minutes per test

Respirator Fit Testing



ИНФОРМАЦИОННЫЙ БУКЛЕТ

Фит – тест респираторов

Почему необходимо проводить фит-тест?

Фит-тест респиратора (или тестирование респиратора на плотность прилегания) нужен для того, чтобы убедиться, что этот респиратор плотно прилегает к лицу человека, который его использует, и, следовательно, он защищает этого человека от вдыхания инфекционного аэрозоля, содержащего *Mycobacterium tuberculosis* и другие патогены, распространяющиеся воздушным путем. Утечка нефильтрованного воздуха в зону дыхания через любую щель между кожей лица и респиратором повышает риск контакта с туберкулезной инфекцией у людей, работающих в условиях высокого риска распространения туберкулеза. Эта утечка может быть выявлена при проведении фит-теста. Размеры, форма и конфигурация каждого лица индивидуальны, причем они могут изменяться со временем. Поэтому важно, чтобы была обеспечена доступность нескольких различных моделей и размеров респираторов, и каждый работник здравоохранения прошел фит-тест с тем респиратором, который он(а) может использовать в условиях высокого риска. Поэтому фит-тест респираторов является критически важным компонентом эффективной программы индивидуальной защиты органов дыхания.

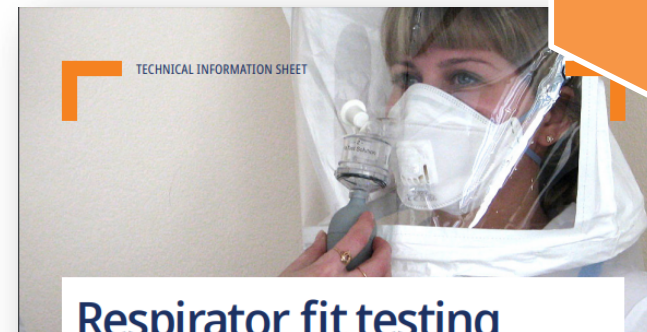
Что такое фит-тест?

Фит-тест респиратора, или тестирование респиратора на плотность прилегания, проводится в соответствии со стандартом США 29 CFR 1910.134. Он позволяет определить способность респиратора удалять *M. tuberculosis* и другие частицы из вдыхаемого воздуха (см. https://www.osha.gov/video/respiratory_protection/fittesting_transcript.html, видео на русском языке <https://youtu.be/8kPqLp85d9w>). Проведение фит-теста респиратора на одном испытуемом занимает 15 – 20 минут, причем его необходимо периодически повторять впоследствии. Если фит-тест успешно пройден, то испытуемый должен использовать для работы в условиях высокого риска ту же модель и размер респиратора.

Существуют два типа фит-теста: **качественный** и **количественный**. Качественный фит-тест обычно используется для проверки фильтрующих полумасок, называемых “N95” или “FFP2”, а также для эластомерных («резиновых») респираторов. (См. Информационный буклет ЕТТИ «Индивидуальная защита органов дыхания» <http://www.stoptb.org/wg/ett/>).

ETTi End Tuberculosis Transmission Initiative Stop TB Partnership

1



TECHNICAL INFORMATION SHEET

Respirator fit testing

Why is fit testing important?

Fit testing is important to ensure the respirator fits tightly to the face of the wearer (user) and protects them from inhaling infectious aerosol containing *Mycobacterium tuberculosis* and other airborne pathogens. Leakage of unfiltered air into the breathing zone through any gap between the face and the respirator increases the risk of TB exposure to individuals working in high TB transmission risk settings. This leakage can be detected by performing a respirator fit test. The size, shape and configuration of every face is different and can potentially change over time. Therefore, it is important that several different respirator models and sizes are available, and every health worker should be fit tested with respirators he/she may use in high risk settings. This is why respirator fit testing is an essential component of an effective personal respiratory protection program.

What is fit testing?

A “respirator fit test” (29 CFR 1910.134) tests the efficiency of a respirator to remove *M. tuberculosis* and other particles from the air (see https://www.osha.gov/video/respiratory_protection/fittesting_transcript.html). It takes about 15-20 minutes per person to complete a fit test and is performed periodically thereafter. After passing a fit test with a respirator, you must use the exact same make, model, style, and size respirator on the job.

There are two types of fit tests: qualitative and quantitative. Qualitative fit testing is normally used for filtering facepiece respirators called “N95” or “FFP2” as well as for elastomeric (“rubber”) respirators. (See ETTI respirator technical information sheet here: <http://www.stoptb.org/wg/ett/>).

ETTi End Tuberculosis Transmission Initiative Stop TB Partnership

1

ETTi educational materials available

<http://www.stoptb.org/wg/ett/resources.asp>

- Initial instruction and fit-testing for new staff
- Annual Infection Control training related HCWs
- Annual qualitative test for all staff
- Posters and signage

Staff Education

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

3M-6000 (FFP3) respirator use for the highest risk procedures

Risk
Assessment

- Cough/sputum induction procedures
- Bronchoscopy
- Endotracheal in- and ex-tubation in ER & OR
- Autopsy



Lasts longer, lower long term cost than for disposal respirators

Personal respiratory protection to prevent airborne transmission of TB and COVID-19


Disposable respirators needs assessment based on risk level and work load.



For **TB facilities** our estimates
are:

- High risk area – 1 respirator per
2 working days
- Medium risk area – 1 respirator per
4-5 working days
- Low risk area – 1 respirator per 10-20
working days

Respirators procurement



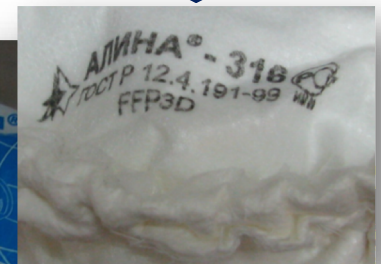
Model/size
Selection and
Procurement

1. Models and sizes selection based on staff fit testing
2. Certified respirators
 - European Standard: EN149:2001+A1:2009
Respiratory protective devices - Filtering half masks to protect against particles - Requirements, testing, marking
 - US NIOSH Standard: 42 C.F.R. PART 84 —
Approval of Respiratory Protective Devices

Avoid counterfeit goods!

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Model/size
Selection and
Procurement



Counterfeit/poor quality respirators

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

http://www.cdc.gov/niosh/npptl/topics/res

Model/size
Selection and
Procurement

NPPTL The National Personal Protective Technology Laboratory

NIOSH-Approved Particulate Filtering Facepiece Respirators

NIOSH-Approved N95 Particulate Filtering Facepiece Respirators

NIOSH Science Blog: N95 Respirators and Surgical Masks

[Read the blog](#) and leave your comments.


The N95 respirator is the most common of the seven types of particulate filtering facepiece respirators. This product filters at least 95% of airborne particles but is not resistant to oil.

This web page provides a table of NIOSH-approved N95 respirators, listed alphabetically by manufacturer. You can select a particular manufacturer by clicking on the first letter of their name on the [index below](#).


There are some products that are approved by NIOSH as an N95 respirator and also cleared by the Food and Drug Administration (FDA) as a surgical mask. These products are referred to as **Surgical N95 Respirators**. [View a definition of Surgical N95 Respirators](#). For your convenience the Surgical N95 Respirators are indicated with the **Model Number/Product Line** followed by (FDA) appearing in a **RED FONT**. If you have a product you believe is NIOSH-approved and FDA-cleared that does not appear on this list, you will need to check with the FDA Center for Devices and Radiological Health at 1-800-638-2041 for validation of clearance. [View a comprehensive table of Surgical N95 Respirators](#).

Disclaimer: The links in this section go to websites outside of CDC/NIOSH and should not be considered as an endorsement of their content, or as a statement of NIOSH policy. The donning procedure and/or user instruction, either on the websites or the PDF version, should not be considered an official endorsement of their content, or as a statement of NIOSH policy.

[Back to NIOSH-Approved Particulate Filtering Facepiece Respirators Main Page](#)

 This site contains documents in PDF format. You will need Adobe Acrobat Reader to access the file. If you do not have the Acrobat Reader, you may download a free copy from the [Adobe Web site](#).

Index for N95 Manufacturers: [3M](#) [A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#) [Notes](#)

| Supplier/ Manufacturer | Contact Information | Model Number/ Product Line | Approval Number | Valve Yes or No | Manufacturer's Donning Procedure User Instructions |
|--|--|-------------------------------|--------------------|--------------------|--|
| 3M Company (Distribution Availability) - See instructions below for steps to find these 3M products. | 888-3M HELPS or web form | 1860 (FDA) | 84A-0006 | No |  PDF Only 72 KB (4 pages) |

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

- Select a fit tested respirator
- Place over nose, mouth and chin
- Fit flexible nose piece over nose bridge
- Secure on head with elastic
- Adjust to fit
- Perform a USER SEAL CHECK –
 - Inhale – respirator should collapse
 - Exhale – check for leakage around face



Disposable Respirator Donning

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Re-use of disposable respirators

Definition

A red hexagonal graphic with white text inside, located in the top right corner of the slide.

Proper use of
Respirators
and Surgical
Masks

Definition: *Single-use respirator* means a respirator that is entirely discarded after excessive resistance, sorbent exhaustion, or physical damage renders it unsuitable for further use.

US NIOSH Standard: 42 C.F.R. PART 84—APPROVAL OF RESPIRATORY PROTECTIVE DEVICES

**Mind contact SARS-CoV-2 transmission
from contaminated respirator!**

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

HCW Compliance Issues

Proper use of
Respirators
and Surgical
Masks

| Reason | Measures |
|--------------------------|---------------------------------|
| Skepticism | Educate |
| Negligence | Motivate |
| Discomfort | Train, offer other models/sizes |
| Communication difficulty | Educate, offer other model |
| | |

Compliance among staff is growing in time
and initially is much higher among younger
HCWs

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Disposal respirators

- Never clean, wash, disinfect, repair
- Keep in dry cloth
- Dispose if:
 - Worn
 - Damaged
 - Contaminated
 - Does not provide seal
- Replace if it gets wet



Proper use of
Respirators
and Surgical
Masks

Elastomeric face piece respirators

- Can be cleaned and disinfected (not filters!)
- Replace filters if
 - Damaged
 - Contaminated
 - Excessive resistance to breathing



Respirator Care

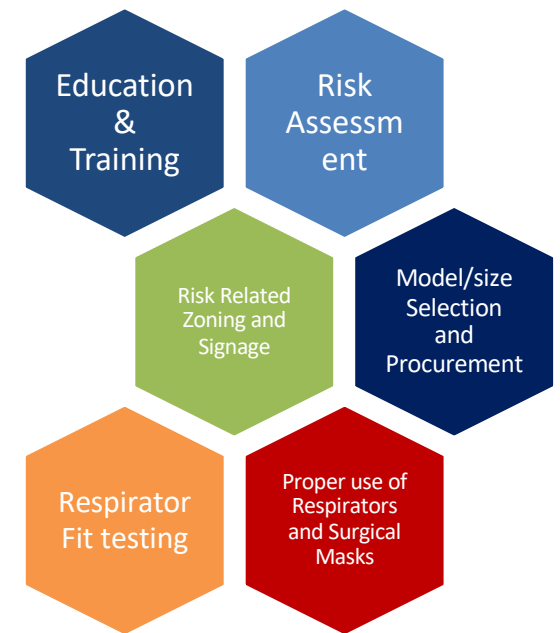
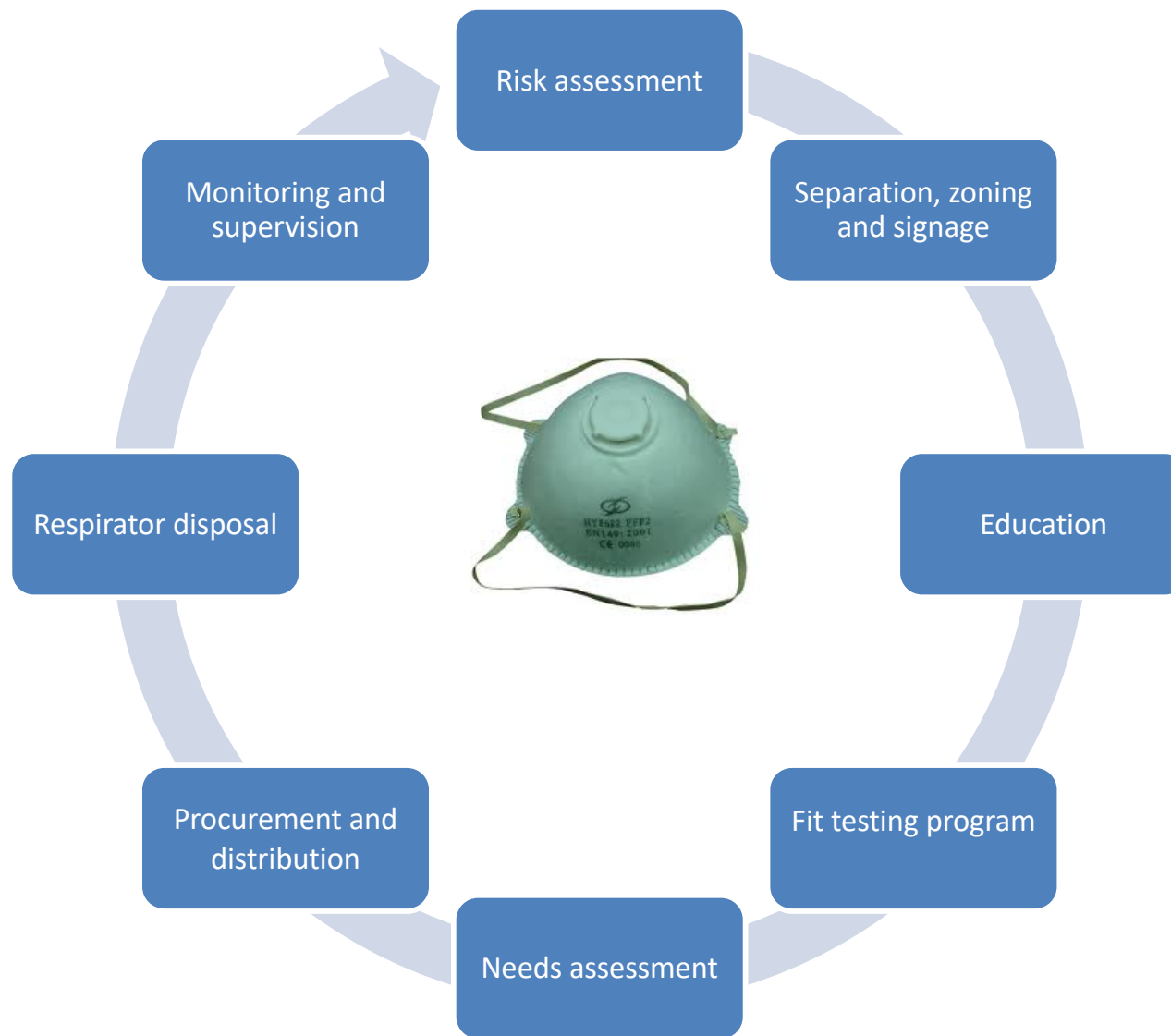
Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Respirator disposal

A red hexagonal graphic with white text inside, located in the top right corner of the slide.

Proper use of
Respirators
and Surgical
Masks

- Re-aerosolisation of infectious particles from respirator is extremely unlikely
- Contaminated respirators may pose risk of contact infections, including SARS-CoV-2, not TB
- Used respirator should be disposed with other potentially infected medical waste according to national regulations

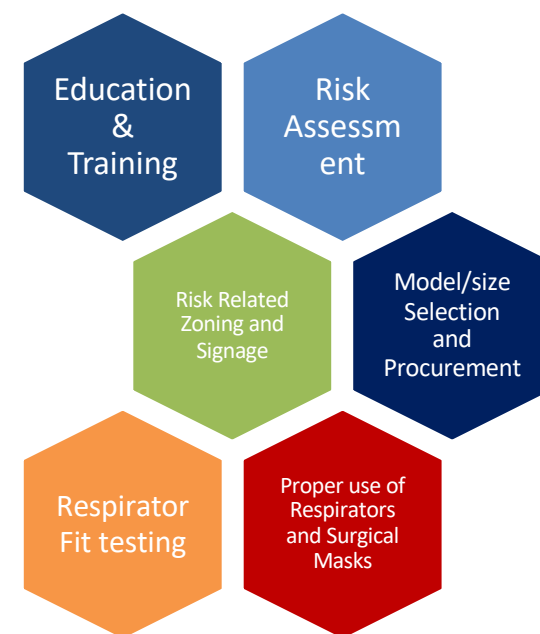


Personal respiratory protection program cycle

Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Conclusions

- Personal respiratory protection program can be feasible if based on adequate administrative and environmental controls
- Compliance among staff is growing in time and much higher among younger HCWs
- This program contains important educational component for HCW, patients and visitors on Airborne Precautions (THINK RISK!)





Thank You!

vlchnkv@yahoo.com

Grigory Volchenkov, Vladimir, Russia



Personal respiratory protection to prevent airborne transmission of TB and COVID-19

Questions?

Follow us on:

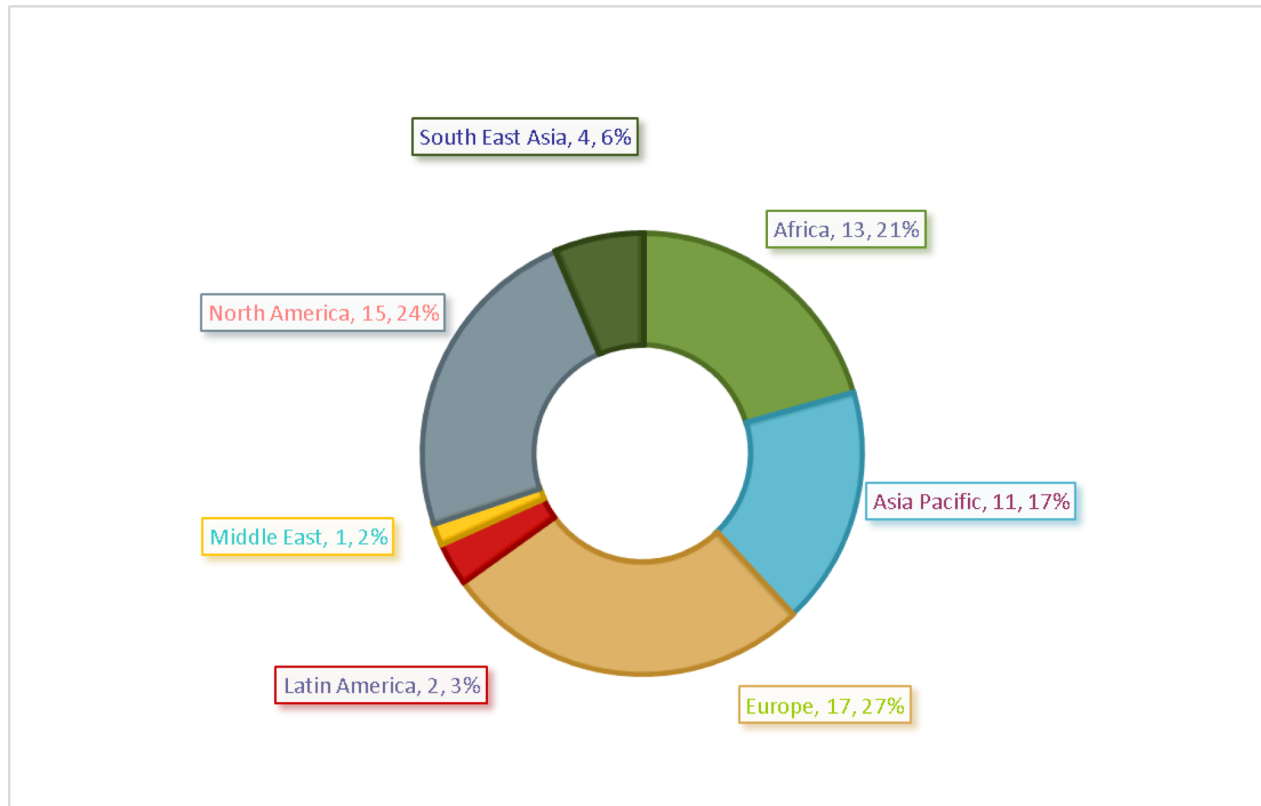
Twitter @TheUnion_TBLH

Facebook @TheUnionLungHealth & @UnionConference

LinkedIn The International Union Against Tuberculosis and Lung Disease



NAPS Membership

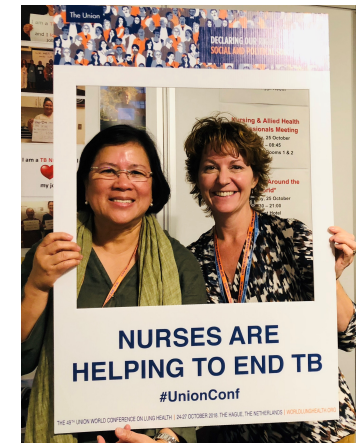


NAPS Sub-Section of the TB Section

Membership across all regions

Members representing TB, HIV, Adult & Child Lung Health and Tobacco Control

A strength of the group and members is the diversity of knowledge, skills and expertise within their global community of practice



NAPS Activities

- Conference Planning
 - Contribute to the scientific program annual WHLC
 - Develop post graduate course/workshops/tracks/sessions for sub-section
 - Host training and Education Materials discussion session
 - Coordinate conference activities for members
- Working Groups
 - TB Education & Training (updated TOR)
 - Membership Development (new)
 - Conference Activities Planning (new)
- Webinars
- 25 year retrospective of NAPS



NAPS Leadership

CHAIR:

- Amanda Christensen, Australia
- amandachristensen@thearc.org.au



PROGRAMME SECRETARY/Representative CCSA:

- Niesje Jansen, Netherlands
- niesje.jansen@kncvtbc.org

The Union

International Union Against
Tuberculosis and Lung Disease
Health solutions for the poor

THANK YOU

Register now for upcoming webinars :

<https://www.theunion.org/news-centre/covid-19>

Join us in championing change for lung health.

[MEMBERSHIP.THEUNION.ORG/REGISTER](https://www.theunion.org/membership/register)